

The Lord is Good

I. The Lord is _____

A. For who He _____ vs. 1-3

B. For what He has _____ vs. 4-10

The Puritans also offered guidelines for the process of meditation:

1. They said to begin by asking the _____ for assistance.
2. Next, the Puritans said to read the _____, then select a verse or doctrine upon which to meditate.
 - a. Be sure to pick out relatively _____ subjects to meditate on at the beginning, they advised.
 - b. Consider subjects _____ at a time.
 - c. Select subjects that are most _____ to your present circumstances and that will be most beneficial for your soul.
3. Now, _____ the selected verse(s), or some aspect of the subject, to stimulate meditation, strengthen faith, and serve as a means of divine guidance.
4. Fix your _____ on the Scripture or a scriptural subject without prying further than what God has revealed. Use your memory to focus on all that Scripture has to say about your subject. Consider past sermons and other edifying books.
5. If your mind _____, rein it in, offer a short prayer for forgiveness, ask for strength to stay focused, read a few appropriate Scriptures again, and press on. Remember, reading Scripture, meditation, and prayer belong together. Persevere; don't surrender to Satan by abandoning your task.
7. _____ up affections, such as love, desire, hope, courage, gratitude, zeal, and joy, to glorify God. Hold soliloquies with your own soul. Include complaints against yourself because of your inabilities and shortcomings, and spread before God your spiritual longings. Believe that He will help you.
8. _____ your meditations to yourself to arouse your soul to duty and comfort, and to restrain your soul from sin.
9. Turn your applications into _____.
10. Commend yourself, your family, and everything you own to the hands of God with "sweet _____."
11. Conclude with _____, thanksgiving, and Psalm singing.
- C. For His _____ vs. 11-13

II. The Lord is our _____

A. The Provider of _____ vs. 14

B. The Provider for all _____ vs. 15-16

C. The Provider for His _____ vs. 17-21

1. Responses to God's goodness

2. Statements of God's Character or actions

Psa 145:1 NASB95 - *[[A Psalm]] of Praise, of David. I will extol You, my God, O King, And I will bless Your name forever and ever.*

Psa 145:2 NASB95 - *Every day I will bless You, And I will praise Your name forever and ever.*

Psa 145:3 NASB95 - *Great is the LORD, and highly to be praised, And His greatness is unsearchable.*

Psa 145:4 NASB95 - *One generation shall praise Your works to another, And shall declare Your mighty acts.*

Psa 145:5 NASB95 - *On the glorious splendor of Your majesty And on Your wonderful works, I will meditate.*

Psa 145:6 NASB95 - *Men shall speak of the power of Your awesome acts, And I will tell of Your greatness.*

Psa 145:7 NASB95 - *They shall eagerly utter the memory of Your abundant goodness And will shout joyfully of Your righteousness.*

Psa 145:8 NASB95 - *The LORD is gracious and merciful; Slow to anger and great in lovingkindness.*

Psa 145:9 NASB95 - *The LORD is good to all, And His mercies are over all His works.*

Psa 145:10 NASB95 - *All Your works shall give thanks to You, O LORD, And Your godly ones shall bless You.*

Psa 145:11 NASB95 - *They shall speak of the glory of Your kingdom And talk of Your power;*

Psa 145:12 NASB95 - *To make known to the sons of men Your mighty acts And the glory of the majesty of Your kingdom.*

Psa 145:13 NASB95 - *Your kingdom is an everlasting kingdom, And Your dominion *[[endures]]* throughout all generations.*

Psa 145:14 NASB95 - *The LORD sustains all who fall And raises up all who are bowed down.*

Psa 145:15 NASB95 - *The eyes of all look to You, And You give them their food in due time.*

Psa 145:16 NASB95 - *You open Your hand And satisfy the desire of every living thing.*

Psa 145:17 NASB95 - *The LORD is righteous in all His ways And kind in all His deeds.*

Psa 145:18 NASB95 - *The LORD is near to all who call upon Him, To all who call upon Him in truth.*

Psa 145:19 NASB95 - *He will fulfill the desire of those who fear Him; He will also hear their cry and will save them.*

Psa 145:20 NASB95 - *The LORD keeps all who love Him, But all the wicked He will destroy.*

Psa 145:21 NASB95 - *My mouth will speak the praise of the LORD, And all flesh will bless His holy name forever and ever.*